|  |  |  |  |
| --- | --- | --- | --- |
| Life of meaning  02. My life serves a | 0.75 | 0.01 | 0.08 |
| higher purpose.  05. In choosing what to do, | 0.54 | 0.01 | 0.32 |

I always take into account

whether it will beneﬁt

other people.

11. I have a responsibility

to make the world a better place.

0.79 )0.01 0.05

12. My life has a lasting meaning. 0.82 0.01 0.17

14. What I do matters to society. 0.73 0.01 0.11

17. I have spent a lot of time thinking about what life means and how I ﬁt into its big picture.

0.57 0.11 0.01

|  |  |  |  |
| --- | --- | --- | --- |
| Life of pleasure |  | | |
| 03. Life is too short to postpone | 0.22 | 0.68 | 0.12 |
| the pleasures it can provide. |  |  |  |
| 08. I go out of my way | 0.12 | 0.60 | 0.36 |
| to feel euphoric. |  |  |  |
| 13. In choosing what to do, | 0.00 | 0.75 | 0.01 |

I always take into account

whether it will be pleasurable.

15. I agree with this statement:

‘‘Life is short – eat dessert ﬁrst.’’

16. I love to do things

that excite my senses.

18. For me, the good life

is the pleasurable life.

Life of engagement

01. Regardless of what I am doing, time passes very quickly.

04. I seek out situations that challenge my skills and abilities.

06. Whether at work or

play, I am usually ‘‘in a zone’’

and not conscious of myself.

)0.01 0.71 )0.01

0.16 0.74 0.01

)0.01 0.79 0.00

0.23 0.00 0.48

0.40 0.12 0.51

0.00 0.01 0.75

1. Very much unlike me through 5- very much like me

Regardless of what I am doing, time passes very quickly.

My life serves a higher purpose.

Life is too short to postpone the pleasures it can provide.

I seek out situations that challenge my skills and abilities.

In choosing what to do, I always take into account whether it will benefit other people.

Whether at work or play, I am usually “in a zone” and not conscious of myself.

I am always very absorbed in what I do.

I go out of my way to feel euphoric.

In choosing what to do, I always take into account whether I can lose myself in it.

I am rarely distracted by what is going on around me.

I have a responsibility to make the world a better place.

My life has a lasting meaning.

In choosing what to do, I always take into account whether it will be pleasurable.

What I do matters to society.

I agree with this statement “Life is short- eat dessert first.”

I love to do things that excite my senses.

I have spent a lot of time thinking about what life means and how I fit into its big picture.

For me, the good life is the pleasurable life.

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